



## Sandringham Primary School September 2021

### Frequently asked questions guide for parents and caregivers

#### COVID-19 symptoms:

A **possible or probable** case of COVID-19 has one or more of these THREE symptoms:

- A high temperature (>37.8C - feel hot to touch on back or chest)
- A new, continuous cough (3 episodes of coughing in 24 hours or one hour of coughing)
- A loss or change to sense of smell or taste

[BBC Clip- click here for video about covid symptoms](#)

The school has set up an email address related to Covid-19 enquiries only. If your child tests positive for Covid 19, please inform the school immediately using this email address: [covid19@sandringham.newham.sch.uk](mailto:covid19@sandringham.newham.sch.uk)

#### 1. Does my child have to attend school?

Yes. The government has stated that it will be mandatory for all pupils to attend school.

Do not send your child to school if:

- You or your child is considered extremely clinically vulnerable and has a shielding letter from the NHS
- Your child has one or more coronavirus (COVID-19) symptoms
- Your child is required to quarantine having recently visited another country. Please check with current government guidelines
- Your child has had a positive test - they must immediately cease to attend and not attend for at least 10 days from the day after the start of their symptoms or the test date if they did not have any symptoms but have had a positive test. **You must follow this process.**
- **If you (parent/caregivers) are symptomatic or have tested positive, do not attend school premises.**

#### 2. What if someone has symptoms?

**Anyone who develops any of the symptoms listed above should:**

- Self-isolate at home for 10 days (the isolation period includes the day the symptoms started and the next 10 full days) [Click here for video about self isolation](#)
- Book a coronavirus test as soon as possible [Click here for details of how to book a test](#)
- Follow the guidance for households with a possible or confirmed COVID-19 infection [Click here to view the guidance](#)

### **3. Which symptoms mean someone needs to isolate?**

[Click here for video about self isolation](#)

If you have one or more of these symptoms you must self isolate and get a test:

- A high temperature (>37.8C - feel hot to touch on back or chest)
- A new, continuous cough (3 episodes of coughing in 24 hours or one hour of coughing)
- A loss or change to sense of smell or taste

### **4. When should my children get tested?**

Children should get a PCR test if they display **any of the three symptoms**. From 16 August, if you are fully vaccinated or aged under 18 years and 6 months [you will not be required to self-isolate if you are a contact of someone who has tested positive for COVID-19](#). Instead you will be contacted by NHS Test and Trace, informed you have been in close contact with a positive case and advised to take a PCR test.

You need to have your test as soon as possible. [Click here for details of how to book a test](#).

If your child is showing any of the above symptoms, they must use a PCR test **not** a lateral flow test. A lateral flow test should only be used if your child is asymptomatic (no symptoms).

### **5. What if my child has a high temperature?**

A high temperature is one of the symptoms of COVID-19. Isolate for 10 days and get a PCR test as soon as possible.

### **6. What if my child has a runny nose?**

A child with a cold or runny nose does not need to isolate unless there are additional symptoms of COVID-19 from the list of three:

- A high temperature (>37.8C - feel hot to touch on back or chest)
- A new, continuous cough (3 episodes of coughing in 24 hours or one hour of coughing)
- A loss or change to sense of smell or taste

If they have any Covid-19 symptoms, they must not come to school. They must isolate for 10 days and get a PCR test. If your child receives a negative PCR test result, they can return to school immediately. The school may ask to see evidence of the negative test result.

### **7. Will the school close if there is a confirmed case?**

No.

### **8. Will my child's class close if there is a confirmed case within their class?**

This decision will be made by NHS Test and Trace. From Step 4, schools are no longer required to keep children in class/year group bubbles. If your child has come into close contact with a positive case, you will be contacted by NHS test and trace and advised to take a PCR test.

If the Health Protection Team identifies a local outbreak, they will provide guidance to the school and may reintroduce some control measures.

### **9. If my child is sent home because a member of their class has a confirmed case, what do we do?**

If your child is sent home from school due to a positive covid 19 case you will be emailed instructions of what to do. The school will provide remote learning for children who are absent due to isolation, whether this is individual or as a whole class.

### **10. What if someone shows COVID symptoms during the school day?**

If anyone in the school becomes unwell during the school day with:

- A high temperature (>37.8C - feel hot to touch on back or chest)
- A new, continuous cough (3 episodes of coughing in 24 hours or one hour of coughing)
- A loss or change to sense of smell or taste

**The child will be sent home immediately.**

If a child in school develops symptoms during the day, the child will be moved to a room where they can isolate, behind a closed door. An adult with appropriate PPE will supervise the child. Parents/Caregivers will be contacted immediately and asked to collect their child. They will remain in isolation until they are collected. **Please ensure you collect your child promptly and follow the school COVID-19 procedures when entering the school premises.**

**Please make sure the school has the correct contact details and somebody is available to collect your child immediately.**

### **11. What about other household members?**

If you live with others and you are the first in the household to have symptoms of coronavirus

(COVID-19), then you must book a PCR test and stay at home whilst awaiting results. From 16 August, other members of the household, if they are fully vaccinated or aged under 18 years and 6 months, will not be required to self-isolate if they are a contact of someone who has tested positive for COVID-19. If a positive test result is received, the 10-day period starts from the day when the person became ill.

If anyone else in the household starts displaying symptoms, they must stay at home for at least 10 days from when **their** symptoms appeared. If anyone in the household becomes unwell during the 10-day period, they should arrange to have a test to see if they have COVID-19. If their test result is positive, they must follow the same advice for people with coronavirus (COVID-19) symptoms – that is, after 10 days of their symptoms starting, if they feel better and no longer have symptoms other than cough or loss of sense of smell/taste – they can also return to their normal routine.

**Staying at home for 10 days will greatly reduce the overall amount of infection that people in your household could pass on to others in the community.**

#### **12. When can my child come back to school?**

If your child was sent home with symptoms, once they have received a negative PCR test result OR after 10 days of isolation and no continuous temperature, this child may return to school.

If your child still has a temperature after 10 days they must continue to self isolate. Your child does not need to continue self isolating if they only have a cough or loss of sense of smell or taste after 10 days.

#### **13. What happens if my child has a temperature but I don't think it's related to Covid-19?**

Any child with a temperature, a new continuous cough or a change in their usual sense of taste or smell should be considered a possible case and collected as soon as possible and asked to self-isolate. Families are encouraged to arrange a COVID-19 PCR test for their child as soon as possible. In the vast majority of cases the result will be negative. If your child receives a negative test result, they can return to school immediately. The school may ask to see evidence of the negative test result.

#### **14. What if my child becomes unwell over the weekend?**

If your child becomes unwell over the weekend with symptoms of Covid-19, you must book a PCR test as soon as possible. Your child must remain at home until they have received their result. If the result is negative, the child can return to school. If the result is positive, please follow the advice of NHS test and trace.

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#### **15. What provision has been made for virtual learning if my child is not in school due to Covid 19?**

If your child is at home due to Covid 19, but the rest of their class remains in school, a pack of home learning materials will be sent home for your child to engage with whilst they are away from their classroom. This will be provided if a PCR test comes back positive. There will also be a daily assembly on Zoom led by a member of staff.

#### **16. I am worried about my child's mental health and or well-being. Where can I get support?**

The pastoral care of all of our children is of paramount importance to us at Sandringham. Training has been provided for our members of staff focusing on self-regulation and wellbeing. Staff are mindful of this when delivering online Zoom lessons, setting work and carrying out phone calls to families. We also have our pastoral team, who are currently working remotely in supporting our families upon request. Please email [pastoralsupport@sandringham.newham.sch.uk](mailto:pastoralsupport@sandringham.newham.sch.uk)

Furthermore, Sandringham has a child and adolescent mental health practitioner in school every Wednesday. Individual zoom or phone sessions can be arranged on request.

We would also recommend these websites for more information on supporting children with their mental health/ wellbeing:

- <https://www.annafreud.org/parents-and-carers/>
- <https://www.kooth.com/>
- <https://www.place2be.org.uk/our-services/parents-and-carers/supporting-your-child-s-mental-health/>
- <https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/>
- <https://www.headstartnewham.co.uk/>

#### **17. Does my child have to wear a uniform?**

Yes. School uniforms play a valuable role in contributing to the ethos of a school . Uniforms do not need to be cleaned more often than usual or using different methods. On days when your child has PE, we ask that they come to school wearing their PE kits so that the children do not need to change clothes at school.

#### **18. Can my child wear a face covering at school?**

No. Whilst you may wish for your child to wear a face covering whilst travelling to and from school, this must be removed before entering the school site. Taking face coverings off and on throughout the day poses a greater risk than not wearing any at all.

#### **19. Will staff be wearing face coverings or PPE?**

In primary schools, face coverings will not be mandatory for staff or children. Some members of staff may choose to wear a mask in the playground, this is a personal choice.

PPE will be available for all adults who are supporting children with Covid symptoms until the child is collected by their parent/carer.

**20. What if the national or local situation changes?**

The school will follow the advice of Public Health England and will act upon advice given. Robust risk assessments are in place and are updated continually in accordance with changing national or local data and information.

**21. My child has SEND and normally receives a personalised curriculum. Will they still have access to their interventions when they return to school?**

Yes. It is really important that children with SEND continue to receive a broad, balanced and purposeful curriculum. As there is no requirement on schools to maintain bubbles, your child may engage in interventions with pupils from across the key stages. Our endeavor is for all children on an individual programme to continue these either in person or virtually.

**22. Will my child with SEND receive virtual learning if they have to isolate?**

Yes. If in the event your child has to isolate, then the SEND Leadership Team will contact you and arrange home learning resources. For some children, online classes via zoom will be suitable and these will be arranged to meet the needs of individual children. If online learning is not suitable, alternative arrangements will be made for individual children.

**23. My child will find it difficult to socially distance. Would my child be expected to distance from peers and adults?**

There is no longer a requirement for social distancing. As a school we will continue to put in place control measures to reduce the occurrence of an outbreak of coronavirus. This includes ensuring good hygiene for everyone through frequent handwashing.

**24. My child has medical needs which make them more vulnerable. How will school support them?**

All children identified as clinically extremely vulnerable are expected to be in school however if your child is under paediatric or other specialist care and they have been advised by their GP or clinician not to attend, please contact our SENDCo who will complete a risk assessment and devise a plan to mitigate any risks or make alternative learning arrangements.

**25. I feel uncomfortable returning my child with SEND to school. Can my child remain at home?**

No. The government has stated that it will be mandatory for all pupils to attend school. If you have been given any advice from your GP or Medical Specialist that your child with SEND does not need to attend school, please speak to the school SENDCO who can discuss this with you further.

**26. During the academic year 2020-21, my child has been educated in the Gym/Resourced Provision. Will my child still be educated in this classroom?**

Yes. The gym classroom hosts our Specialist Autism Provision. The children that attend this classroom will continue to have access to a communication enriched environment and a sensory based curriculum.

**27. Start and end of day arrangements.**

- It is vital that you read the information that will be sent out to you via Weduc that indicates the time you need to bring your child to school and collect them. You must stick to these timings and avoid arriving early or late.
- Please do not come onto the site unless you are dropping off or collecting your child. If you need to make an appointment, please call the main school office.
- Please avoid going into the school office on your way past when you have dropped or collected your child, an appointment must be made. There are members of staff in the school playground at the start and end of the day who will be happy to answer any questions you may have.

**28. How do I contact my child's teacher/ key person?**

Please phone the main school number, 020 8472 3800, where someone will be able to offer support and arrange an appointment with the Teacher or Key person.

**29. As a family we are struggling and would like some support, how do we go about getting this support?**

The school is here to support families. Please phone the main office on 020 8472 3800 or email [pastoralsupport@sandringham.newham.sch.uk](mailto:pastoralsupport@sandringham.newham.sch.uk) and we will happily make contact with you to discuss how we can support you. This may include support with food, housing, domestic violence to name a few areas.

**30. Will staff be tested for COVID regularly?**

All members of staff working in school will be encouraged to take Lateral Flow Device tests twice per week. These tests are provided by the DFE.

**31. Will my child need to quarantine if we go abroad?**

**We strongly discourage any unnecessary travel abroad at this time. It is highly unlikely that school will authorize any term time leave during this period.**

Please notify us if you intend to travel or you have travelled abroad. If you travel abroad, you will need to adhere to Government guidance on self isolation for outbound and inbound travel.

**32. Who will my child be able to mix with during the day?**

The Government no longer recommends that children are kept in group bubbles.

**33. Will my child be going on any educational visits?**

Current Government guidelines state that educational visits can go ahead alongside a robust risk assessment.

**34. My child is in year 2 or year 6, will they be sitting their SATS?**

Yes. Statutory assessments will begin again for the academic year 2021-2022.