



Sandringham Daycare **September 2021**

Frequently asked questions guide for parents and caregivers

COVID-19 symptoms:

A **possible or probable** case of COVID-19 has one or more of these **THREE** symptoms:

- A high temperature (>37.8C - feel hot to touch on back or chest)
- A new, continuous cough (3 episodes of coughing in 24 hours or one hour of coughing)
- A loss or change to sense of smell or taste

[BBC Clip- click here for video about covid symptoms](#)

The Daycare has set up an email address related to Covid-19 enquiries only. If your child tests positive for Covid 19, please inform the Daycare immediately using this email address: covid19@sandringham.newham.sch.uk

1. Does my child have to attend Daycare?

Yes. The government has stated that all children can attend Daycare.

Do not send your child to school if:

- You or your child is considered extremely clinically vulnerable and has a shielding letter from the NHS
- Your child has one or more coronavirus (COVID-19) symptoms
- Your child is required to quarantine having recently visited another country. Please check with current government guidelines
- Your child has had a positive test - they must immediately cease to attend and not attend for at least 10 days from the day after the start of their symptoms or the test date if they did not have any symptoms but have had a positive test. **You must follow this process.**
- **If you (parent/caregivers) are symptomatic or have tested positive, do not attend school premises.**

2. What if someone has symptoms?

Anyone who develops any of the symptoms listed above should:

- Self-isolate at home for 10 days (the isolation period includes the day the symptoms started and the next 10 full days) [Click here for video about self isolation](#)
- Book a coronavirus test as soon as possible [Click here for details of how to book a test](#)
- Follow the guidance for households with a possible or confirmed COVID-19 infection [Click here to view the guidance](#)

3. Which symptoms mean someone needs to isolate?

[Click here for video about self isolation](#)

If you have one or more of these symptoms you must self isolate and get a test:

- A high temperature (>37.8C - feel hot to touch on back or chest)
- A new, continuous cough (3 episodes of coughing in 24 hours or one hour of coughing)
- A loss or change to sense of smell or taste

4. When should my children get tested?

Children should get a PCR test if they display **any of the three symptoms**. From 16 August, if you are fully vaccinated or aged under 18 years and 6 months [you will not be required to self-isolate if you are a contact of someone who has tested positive for COVID-19](#). Instead you will be contacted by NHS Test and Trace, informed you have been in close contact with a positive case and advised to take a PCR test.

You need to have your test as soon as possible. [Click here for details of how to book a test](#).

If your child is showing any of the above symptoms, they must use a PCR test **not** a lateral flow test. A lateral flow test should only be used if your child is asymptomatic (no symptoms).

5. What if my child has a high temperature?

A high temperature is one of the symptoms of COVID-19. Isolate for 10 days and get a PCR test as soon as possible.

6. What if my child has a runny nose?

A child with a cold or runny nose does not need to isolate unless there are additional symptoms of COVID-19 from the list of three:

- A high temperature (>37.8C - feel hot to touch on back or chest)
- A new, continuous cough (3 episodes of coughing in 24 hours or one hour of coughing)
- A loss or change to sense of smell or taste

If they have any Covid-19 symptoms, they must not come to Daycare. They must isolate for 10 days and get a PCR test. If your child receives a negative PCR test result, they can return to Daycare immediately.

The Daycare may ask to see evidence of the negative test result.

7. Will Daycare close if there is a confirmed case?

This decision will be made by NHS Test and Trace. From Step 4, schools and childcare settings are no longer required to keep children in class/year group bubbles. If your child has come into close contact with a positive case, you will be contacted by NHS test and trace and advised to take a PCR test.

If the Health Protection Team identifies a local outbreak, they will provide guidance to Daycare and may reintroduce some control measures.

8. If you are directed by test and trace, public health or school to remove your child from daycare due to close contact to a positive case of covid, what do we do?

If your child is directed not to attend Daycare due to a positive covid 19 or close contact, please inform school using the covid19@Sandringham.ewnahm.sch.uk email the school inform them. The Daycare will provide remote learning for children who are absent due to isolation.

9. What if someone shows COVID symptoms during the Daycare day?

If anyone in the Daycare becomes unwell during the Daycare day with:

- A high temperature (>37.8C - feel hot to touch on back or chest)
- A new, continuous cough (3 episodes of coughing in 24 hours or one hour of coughing)
- A loss or change to sense of smell or taste

The child will be sent home immediately.

If a child in Daycare develops symptoms during the day, the child will be moved to a room where they can isolate, behind a closed door. An adult with appropriate PPE will supervise the child. Parents/Caregivers will be contacted immediately and asked to collect their child. They will remain in isolation until they are collected. **Please ensure you collect your child promptly and follow the Daycare COVID-19 procedures when entering the Daycare premises.**

Please make sure the Daycare has the correct contact details and somebody is available to collect your child immediately.

10. What about other household members?

If you live with others and you are the first in the household to have symptoms of coronavirus (COVID-19), then you must book a PCR test and stay at home whilst awaiting results. From 16 August, other members of the household, if they are fully vaccinated or aged under 18 years and 6 months, will not be required to self-isolate if they are a contact of someone who has tested positive for COVID-19. If a positive test result is received, the 10-day period starts from the day when the person became ill.

If anyone else in the household starts displaying symptoms, they must stay at home for at least 10 days from when **their** symptoms appeared, regardless of what day they are on in their original 10-day isolation period. If anyone in the household becomes unwell during the 10-day period, they should arrange to have a test to see if they have COVID-19. If their test result is positive, they must follow the same advice for people with coronavirus (COVID-19) symptoms – that is, after 10 days of their symptoms starting, if they feel better and no longer have symptoms other than cough or loss of sense of smell/taste – they can also return to their normal routine.

However, if their test result is negative, they must continue with isolation as part of the household for the full 10 days.

Staying at home for 10 days will greatly reduce the overall amount of infection that people in your household could pass on to others in the community.

11. When can my child come back to Daycare?

If your child was sent home with symptoms, once they have received a negative PCR test result OR after 10 days of isolation and no continuous temperature, this child may return to Daycare.

If your child still has a temperature after 10 days they must continue to self isolate. Your child does not need to continue self isolating if they only have a cough or loss of sense of smell or taste after 10 days.

12. What happens if my child has a temperature but I don't think it's related to Covid-19?

Any child with a temperature, a new continuous cough or a change in their usual sense of taste or smell should be considered a possible case and collected as soon as possible and asked to self-isolate. Families are encouraged to arrange a COVID-19 PCR test for their child as soon as possible. In the vast majority of cases the result will be negative. If your child receives a negative test result, they can return to Daycare immediately. The Daycare may ask to see evidence of the negative test result.

Please notify a member of staff if your child is teething or recently had an immunisation and may as a result experience a small increase in temperature due to this.

13. What if my child becomes unwell over the weekend?

If your child becomes unwell over the weekend with symptoms of Covid-19, you must book a PCR test as soon as possible. Your child must remain at home until they have received their result. If the result is negative, the child can return to Daycare. If the result is positive, please follow the advice of NHS test and trace.

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14. What provision has been made for virtual learning if my child is not in Daycare due to Covid 19?

If your child is at home due to Covid 19, but the rest of their class remains in Daycare, a pack of home learning materials will be sent home for your child to engage with whilst they are away from their classroom. This will be provided if a PCR test comes back positive. The key person will remain in contact during the child's period of isolation.

15. I am worried about my child's mental health and or well-being. Where can I get support?

The pastoral care of all of our children is of paramount importance to us at Sandringham. Training has been provided for our members of staff focusing on self-regulation and wellbeing. Staff are mindful of this when delivering online Zoom lessons, setting work and carrying out phone calls to families. We also have our pastoral team, who are currently working remotely in supporting our families upon request. Please email pastoralsupport@sandringham.newham.sch.uk

Furthermore, Sandringham has a child and adolescent mental health practitioner in school every Wednesday. Individual zoom or phone sessions can be arranged on request.

We would also recommend these websites for more information on supporting children with their mental health/ wellbeing:

- <https://www.annafreud.org/parents-and-carers/>
- <https://www.kooth.com/>
- <https://www.place2be.org.uk/our-services/parents-and-carers/supporting-your-child-s-mental-health/>
- <https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/>
- <https://www.headstartnewham.co.uk/>

16. I am worried about my child struggling to settle into Daycare.

It is likely during this time that your child/children have become more attached to their family members. In September, the children will gradually settle into their setting allowing them time to get to know their key person and their new environment. Settling is personal for each child, please communicate with your child's key person if you are worried about how they are settling. We are confident that the children will be excited to begin learning in their new setting and will quickly make friends and good relationships with adults.

17. What should my child bring/wear to Daycare?

For our Daycare children, comfortable and practical clothing is advised and this needs to be washed regularly. A bag of spare clothing should also be provided so that if your child needs changing we can do this. Please ensure all clothing is clearly labelled and is appropriate for the weather that day.

Children may bring an individual water bottle with them, this must be labelled with their full name. Children may also choose to bring a packed lunch. Again, this must be labelled and taken home daily to be cleaned.

Babies who attend Daycare will still be able to bring a comfort toy or object that will be sent home at the end of each day, or a spare can be left in daycare. We encourage the frequent washing of coats. Any clothing that needs to be washed will be sent home.

18. Can my child wear a face covering at Daycare?

No. Whilst you may wish for your child to wear a face covering whilst travelling to and from Daycare, this must be removed before entering the Daycare site. Taking face coverings off and on throughout the day poses a greater risk than not wearing any at all.

19. Will staff be wearing face coverings or PPE?

In Early years settings, face coverings will not be mandatory for staff or children. Some members of staff may choose to wear a mask in the foyer, this is a personal choice.

PPE will be available for all adults who are supporting children with Covid symptoms until the child is collected by their parent/carer. Staff will also use PPE when administering first aid and when supporting children in self care and toileting.

20. What if the national or local situation changes?

The Daycare will follow the advice of Public Health England and will act upon advice given. Robust risk assessments are in place and are updated continually in accordance with changing national or local data and information.

21. My child has medical needs which make them more vulnerable. How will Daycare support them?

All children identified as clinically extremely vulnerable are expected to be in Daycare however if your child is under paediatric or other specialist care and they have been advised by their GP or Health Visitor not to attend, please contact the Daycare who will complete a risk assessment and devise a plan to mitigate any risks or make alternative learning arrangements.

22. How do I contact my child's key person?

We request where possible to phone Daycare instead of meeting face to face. If you need to speak to someone, please call or email us.

- Tel: 020 84705722
- Email: daycare@sandringham.newham.sch.uk

23. As a family we are struggling and would like some support, how do we go about getting this

support?

The Daycare is here to support families. Please phone the main office on 020 8472 3800 or email pastoralsupport@sandringham.newham.sch.uk and we will happily make contact with you to discuss how we can support you. This may include support with food, housing, domestic violence to name a few areas.

24. Will staff be tested for COVID regularly?

All members of staff working in Daycare will be encouraged to take Lateral Flow Device tests twice per week. These tests are provided by the DFE.

25. Will my child need to quarantine if we go abroad?

We strongly discourage any unnecessary travel abroad at this time.

Please notify us if you intend to travel or you have travelled abroad. If you travel abroad, you will need to adhere to Government guidance on self isolation for outbound and inbound travel.

26. Who will my child be able to mix with during the day?

The Government no longer recommends that children are kept in group bubbles. Children may visit the main school building to visit the library, sensory room or for assemblies.

27. Will my child be going on any educational visits?

Current Government guidelines state that educational visits can go ahead alongside a robust risk assessment.

28. Will I be allowed in Daycare?

When settling your child, you can be with them in the room and remain until they are ready for you to leave. Parents are welcome in the Daycare but we still encourage the settled children to be independent for example coming in and saying bye at the door.

29. Does my child have to attend?

No. You are entitled to make the decision about whether your child/children attend Daycare based on your individual family circumstances. But, in order to hold your child's Daycare place, you will need to continue to pay your fees even if you choose to keep your child at home. If you decide to withdraw your child, they will lose their place. Please see the Daycare application pack and admissions policy for terms and conditions.

30. What happens for lunch?

Children will wash their hands prior to eating their lunch.

Children can bring packed lunches from home and still have the option of school dinner. A staff member will collect the school dinner at a suitable time.

All plates, cutlery and utensils will be cleaned regularly and thoroughly.

31. What about toilets?

The children will continue to use the toilets in the Daycare and these will be cleaned frequently throughout the day.

The nappy area will continue to be thoroughly cleaned throughout the day and after each use.

32. What is happening about cleaning?

School cleaners will clean every area each night. Resources will be cleaned on a frequent basis. We maintain a high level of cleanliness and hygiene in all areas in Daycare.

33. How are we promoting good hygiene?

Inside the Daycare entrance, everyone entering the site must sanitise their hands for 20 seconds.

Hands must be washed/sanitised frequently throughout the day including before and after using the toilet, before eating and when returning from outside.

The Daycare has a hygiene kit with antibacterial wipes so surfaces can be wiped regularly. The Daycare has a lidded bin for disposing of these items.

We will reinforce the importance of using tissues if sneezing – “catch it, bin it, kill it”.

Rooms must always be well ventilated, so windows and doors will be left open wherever possible.

Visual props and hand washing songs will be embedded across the Early Years to aid in promoting good hygiene.

Outdoor shoes will be removed when entering the building and children may wear indoor shoes such as slippers.

34. What if my child needs first aid?

Qualified first aiders are always present in Daycare.

If a child is feeling unwell, their temperature will be taken using a thermometer. If your child has a temperature, we will contact you to collect them immediately.

If it is a minor injury (such as a graze) you will be informed in the usual manner, informing you that your child needed to receive first aid.