

# Keeping smart online

Remember these 5 SMART safety tips when you are using the internet and mobile phones:

**S**

**SAFE** Staying safe involves being careful and not giving out your name, address, mobile phone number, school name or password to people online.

**M**

**MEETING** someone you have contacted online could be dangerous. Only do so with your parent's/carer's permission, and when they can be present.

**A**

**ACCEPTING** e-mails or opening files from people you don't really know or trust can get you into trouble - they may contain viruses or nasty messages.

**R**

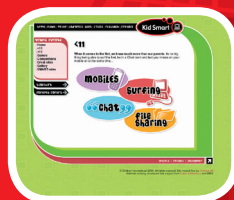
**RELIABLE** Anyone can put or say anything on the internet. Make sure you check it before you believe it.

**T**

**TELL** your parent or carer if someone or something makes you feel uncomfortable or worried.

For further explanation on why these tips are important see [www.kidsmart.org.uk/smart](http://www.kidsmart.org.uk/smart)

## Further Advice and Resources



The Kidsmart website contains resources, activities, lesson plans, quizzes, and games.  
[www.kidsmart.org.uk](http://www.kidsmart.org.uk)



Check out this cool section of the BBC website with Dingle the rabbit and Cedric the gorilla learning how to surf the internet safely!  
[www.bbc.co.uk/cbbc/help/safesurfing](http://www.bbc.co.uk/cbbc/help/safesurfing)



The Chatdancer website explains the potential dangers on interactive services like chat, IM, online games, email and mobiles. Read true stories and find out how to keep safe while chatting online.  
[www.chatdancer.com](http://www.chatdancer.com)

If you are being bullied by email or text you can call ChildLine on 0800 1111 in confidence.

### Leaflets for Schools

Leaflets and resources are available to primary schools, secondary schools, organisations, young people, teachers, parents and carers. To order these visit: [www.kidsmart.org.uk](http://www.kidsmart.org.uk) or telephone Childnet on 020 7639 6967



**Childnet**  
International

[www.childnet-int.org](http://www.childnet-int.org)

Helping  
your parents  
be cool  
about the  
internet...



...an internet safety guide  
for young people

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[www.childnet-int.org](http://www.childnet-int.org)

Kidsmart is an internet safety awareness  
programme run by Childnet International.



**Childnet**  
International

**New**  
PRIMARY LEAFLET!

# SMART

## TECH FEST

- Technology is a huge part of our lives. There's no doubt that you know more than most adults – but often you need to show them that you can be SMART whilst using it.
- This leaflet will help you to convince your parents and teachers that you know how to keep safe online.

## CHAT BACK

- Being friends with people online can be cool.
- Chatrooms, IM and forums are great for meeting with old and new mates – but if you don't know who you're talking to in real life – you need to remember that they're a stranger and that they might not be who they say they are.
- Remember to be careful, always keep your personal information private, and never meet up with anyone you've met online.

## GR8 STUFF

- The internet is amazing. Not only can you play games, listen to music and chat, but you can find out almost anything you want to online.
- Share cool sites with your friends – but remember that not everything you read online is true.
- If you see anything you're not sure about, or that upsets you – talk to an adult straight away.



## MOBILE MANIA

It's not only when you are in front of your computer that you need to remember to be SMART. You can get junk on your mobile too, here are some things to think about:

- If you start getting upsetting or annoying texts - don't reply to them and tell an adult you trust straight away; they can contact your network and ask for help.
- Think before you send. If you have a camera phone, remember that once you send a picture to another phone or to the net it could be there forever. Get your friends' permission before taking their picture.
- Always keep your PIN safe and your mobile out of sight on the street.



"The internet is great fun and a brilliant way to keep in contact with friends. However, it is really important that we all use the net safely and always remember these SMART rules to stay safe online."

Ant & Dec